

**QUICK START FACT SHEET**  
**KEY PRINCIPLE: QUALITY IMPROVEMENT**

**TOPIC:** Collecting Community Health Data  
**IDEA:** Using the School Health Index

THE IDEA	GOALS	ACTION STEPS	RESOURCES	MEASURE OUTCOMES
<p><b>What areas do you want to focus on for improvement?</b></p> <ul style="list-style-type: none"> <li>Evaluate current school health and safety policies and programs.</li> <li>Assemble a team of school community partners focused on school community wellness.</li> <li>Change and implement based upon SHI assessment.</li> </ul>	<p><b>What exactly is it that you want to achieve?</b></p> <ul style="list-style-type: none"> <li>Identify the strengths and weaknesses of school/district policies and programs for promoting health and safety.</li> <li>Develop an action plan for improving student health and safety.</li> <li>Involve teachers, parents, students, and the community in improving school policies, programs, and services.</li> </ul>	<ul style="list-style-type: none"> <li>Consider who will be affected and how?</li> <li>Get buy-in for your initiative. Who are the individuals who must be involved and engaged in your initiative?</li> <li>Who can lead the initiative? What partners/stakeholders should be involved?</li> <li>What resources will be needed? (i.e. types of staff and required time; supplies and materials, equipment, other resources; estimated costs).</li> <li>What are possible challenges and barriers? Reflect on these and think about possible solutions and strategies.</li> <li>What is your timeline?</li> <li>Do you have a short-term outcome to demonstrate early visible improvements?</li> <li>How will you share/communicate your proposed initiative and with whom?</li> <li>Have you thought about sustainability for your project? Will this be a project you can continue annually?</li> </ul>	<ul style="list-style-type: none"> <li>What resources can guide this project using evidence-based, best-practices?</li> <li>Are there templates, information, guides already in place?</li> <li>What are others doing? Find out about other initiatives. What are other schools, districts, states doing? Do not limit yourself to nursing-related initiatives. Be sure to ask what were the lessons learned.</li> <li>Are there funding sources and grants that can help off set costs?</li> </ul>	<ul style="list-style-type: none"> <li>How will you measure progress and success?</li> <li>What are your outcome measures?</li> <li>How often will you check and measure your progress?</li> <li>Who will be responsible for collecting and reporting the information/data?</li> <li>How will you evaluate your initiative to determine success?</li> </ul>

**SOCIAL MEDIA**

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 #NJSchoolNurseLeadership

**For more details on this project, see Chapter 4, Idea 2.**