

QUICK START FACT SHEET
KEY PRINCIPLE: LEADERSHIP

TOPIC: Policy Development and Implementation
IDEA: Opioid/Naloxone Policy and Procedures

THE IDEA	GOALS	ACTION STEPS	RESOURCES	MEASURE OUTCOMES
<p>What areas do you want to focus on for improvement?</p> <p>Increasing numbers of individuals are using opioids and heroin-type substances. Naloxone is a life-saving medication that temporarily reverses the action of the opioid substance. Making the medication available at school by developing and implementing a school policy will save lives. The students and school community will benefit from targeted interventions that increase knowledge, awareness and prevention regarding substance abuse.</p>	<p>What exactly is it that you want to achieve?</p> <ul style="list-style-type: none"> • Implement a policy for naloxone administration in school. • Implement targeted interventions and learning opportunities for students and the school community. • Promote awareness and screening for substance abuse and referral to appropriate resources when necessary. • Enhance collaboration between school/district student support services and community support. For example: health, access to resources, addressing other issues that may be present. • Contribute to needs assessment of school community regarding resources required in the school and community 	<ul style="list-style-type: none"> • Consider who will be affected and how? • Get buy-in for your initiative. Who are the individuals who must be involved and engaged in your initiative? • Who can lead the initiative? What partners/stakeholders should be involved? • What resources will be needed? (i.e. types of staff and required time; supplies and materials, equipment, other resources; estimated costs). • What are possible challenges and barriers? Reflect on these and think about possible solutions and strategies. • What is your timeline? • Do you have a short-term outcome to demonstrate early visible improvements? • How will you share/communicate your proposed initiative and with whom? • Have you thought about sustainability for your project? Will this be a project you can continue annually? 	<ul style="list-style-type: none"> • What resources can guide this project using evidence-based, best-practices? • Are there templates, information, guides already in place? • What are others doing? Find out about other initiatives. What are other schools, districts, states doing? Do not limit yourself to nursing-related initiatives. Be sure to ask what were the lessons learned. • Are there funding sources and grants that can help offset costs? 	<ul style="list-style-type: none"> • How will you measure progress and success? • What are your outcome measures? • How often will you check and measure your progress? • Who will be responsible for collecting and reporting the information/data? • How will you evaluate your initiative to determine success?

SOCIAL MEDIA

#behavioralhealth	@reachnj	@schoolnurses
@CDCgov	@drugfreeNJ	@NJSSNA1
@NIMHgov	@drugFreeAmerica	#NJSchoolNurseLeadership
@samhsagov	#substanceabuse	

For more details on this project, see Chapter 3, Idea 1.