QUICK START FACT SHEET
KEY PRINCIPLE: LEADERSHIP

TOPIC: Change Agents
IDEA: Safe Routes to School

THE IDEA	GOALS	ACTION STEPS	RESOURCES	MEASURE OUTCOMES
What areas do you want to focus on for improvement? • Areas around the school are safe for biking and walking. • Regulations for cars and speed are enforced. • Increase the number of students who walk or ride bikes to school. • Understand community safety awareness and find partners to address issues.	**What exactly is it that you want to achieve?** • Implement the Safe Routes to School (SR2S) program in one elementary school as pilot project. • Community assessment to understand why children are not walking or biking to school. This defines the problem to allow for prioritizing and targeting initial interventions through the SR2S program. • Increase the number of students who walk and/or ride bikes to school. Parents and students learn and understand how to walk and bike to school safely. • Improve safety issues (physical, environmental, traffic) around the school in collaboration with local municipal, community partners, and police assistance. • Encourage healthy lifestyle behaviors.	• Consider who will be affected and how? • Get buy-in for your initiative. Who are the individuals who must be involved and engaged in your initiative? • Who can lead the initiative? What partners/stakeholders should be involved? • What resources will be needed? (i.e. types of staff and required time; supplies and materials, equipment, other resources; estimated costs). • What are possible challenges and barriers? Reflect on these and think about possible solutions and strategies. • What is your timeline? • Do you have a short-term outcome to demonstrate early visible improvements? • How will you share/ communicate your proposed initiative and with whom? • Have you thought about sustainability for your project? Will this be a project you can continue annually?	• What resources can guide this project using evidence-based, best-practices? • Are there templates, information, guides already in place? • What are others doing? Find out about other initiatives. What are other schools, districts, states doing? Do not limit yourself to nursing-related initiatives. Be sure to ask what were the lessons learned. • Are there funding sources and grants that can help off set costs?	• How will you measure progress and success? • What are your outcome measures? • How often will you check and measure your progress? • Who will be responsible for collecting and reporting the information/data? • How will you evaluate your initiative to determine success?

SOCIAL MEDIA

#srts
#NJSRTS
@SafeRoutesNJ
@SafeRoutesNow

#MoveEquity
@schoolnurses
@NJSSNA1
#NJSchoolNurseLeadership

For more details on this project, see Chapter 3, Idea 2.